



**PLEASE COMPLETE THE FOLLOWING CHECKLIST BEFORE YOUR FIRST APPOINTMENT**

- ☐ If you have more than one insurance carrier, please make sure you know which is primary.
- ☐ Call your insurance company to see if you need a referral or authorization number. You will be responsible for any services not covered by your insurance carrier.
- ☐ Ask your insurance carrier for your copayment amount.
- ☐ Do you have a deductible?
- ☐ How many sessions are covered by your insurance carrier?